



# Tennis on Wheels

## Session Sheet – Spring 2007

### Officer Contact Information

Officer	Name	E-mail	Cell Phone
Co-President	Frances Cordero	mitierra@ufl.edu	(352) 514-7088
Co-President	Chris Ong	christophong@gmail.com	(904) 412-1866
Treasurer	Jeni Wu	babyjwu1@yahoo.com	(407) 252-0146
Secretary	Liz Colby	liz615@ufl.edu	(813) 340-4255
Session Leader	Jen Byer	jenbyer@ufl.edu	(772) 559-8195
Session Leader	Walter Thompson	thompcon@ufl.edu	(904) 710-2670

### Spring 2007 Session Schedule

Month	Officer	Day	Date	Time	School	Month	Officer	Day	Date	Time	School
<b>FEB</b>	J. Wu	F	Feb 2	12:10pm	MC		J. Wu	W	March 21	11:15am	MC
	F. Cordero	M	Feb 5	12:00pm	SL		<del>J. Byer</del>	<del>R</del>	<del>March 22</del>	<del>10:35am</del>	<del>SL</del>
	C. Ong	R	Feb 8	10:35am	SL		J. Wu	M	March 26	9:05am	MC
	J. Byer	T	Feb 13	9:00am	MC		W. Thompson	W	March 28	9:05am	SL
	J. Wu	W	Feb 14	10:35am	SL		C. Ong	R	March 29	10:40am	MC
	W. Thompson	R	Feb 22	9:00am	MC	<b>APRIL</b>	F. Cordero	M	April 9	12:05pm	SL
	W. Thompson	M	Feb 26	10:35am	SL		J. Byer	W	April 11	9:05am	SL
	J. Byer	W	Feb 28	9:05am	SL		C. Ong	R	April 12	10:45am	MC
<b>MARCH</b>	F. Cordero	F	March 2	12:10pm	MC		W. Thompson	R	April 19	10:35am	SL
	W. Thompson	R	March 8	9:05am	MC		J. Byer	F	April 20	9:05am	MC

The times listed above are the times you should be at Flavet Courts.

*\*Please email all session requests to [UFTennisOnWheels@gmail.com](mailto:UFTennisOnWheels@gmail.com)\**

**Metcalf Elementary:**  
1250 NE 18th Ave. G'ville FL 32609  
ph: 352-955-6713  
Contact teacher: Pam Bass

**Sidney Lanier**  
312 NW 16<sup>th</sup> Ave. G'ville, FL 32601  
ph: 352-955-6841  
Contact teacher: Ann Goodman

#### Format of Clinics (45 minutes):

- **First 5 minutes: Stretching**
  - Focus on stretching upper body: Arm circles, arm reaches etc
- **25 minutes: Hitting Drills**
  - Forehand/Backhand
  - Volleys
  - One on one volunteer/child interaction or group stations as determined by clinic size
- **15 minutes: Game**
  - Separate children into 2 teams
  - Winner is team that hits the most balls in service court
  - At MC setup run around cone with partner ball game

#### Remember:

- Bring a tennis racket for yourself if you can
- Be sure to dress appropriately: no short skirts or revealing outfits!
- Parking circle is on east end of tennis courts, right next to courts
- Unless you need to leave the clinic early, we will carpool together in the session leader's car
- If you are late for a clinic you can meet us at the school. **Be sure to call your session leader and inform them that you have to cancel, are sick, or will be coming late**